



6433 Havelock Avenue  
Lincoln NE 68507

#### **2011 Board of Directors**

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Sarah Kramer  
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Jill Traynowicz  
West Gate Bank

Jane Wood-Bennett  
Gallup

#### **Team Members:**

*Executive Director:*

Monica Zinke

*Case Managers:* Fanny,

June, Melissa and Tracy

*Overnight Workers:* Gwen,

Jan and Laura

*On Call Workers:* Cindy,

Connie, Meg and Sandy

*Office Assistant:* Cassie

Please remember **Fresh Start** in  
your charitable giving and  
estate planning. Fresh Start is a  
501(c)(3) organization and  
contributions are tax deductible.

***Fresh Start ~ A Home Where Women Can Grow***

## **Transitioning**

**Spring 2012**

### **Remembering Jim**

By Monica Zinke, Executive Director

Many times when we are looking for additional volunteers or Board members, men aren't sure if they'd be a good match. Fresh Start? Isn't that a women's shelter? Do they even want men on the Board? And where would I fit? Just because Fresh Start is a women's shelter doesn't mean that only women will understand the issues faced. Also important is that the organization will be stronger with a variety of skills, backgrounds— and genders— as part of the leadership team.

Jim Ihrig understood this. He joined our board in 2008 because he wanted to help a small nonprofit become stronger. Jim believed in volunteering and being involved in his community. He had an interest in helping people and used the skills he gained through years in the education field to do so. He was a fantastic addition to the team and always had ideas. He was a willing volunteer, from serving on the Finance and Personnel Committee to organizing the strategic planning efforts to bringing treats for the open house. Although, Jim always gave credit for those delicious brownies to his wife Clara!

With sadness we learned that Jim passed away at the end of February. Jim was dedicated to his family and a proud husband and father. We are grateful to have had him as part of the Fresh Start family these past few years. Thank you, Jim, for all of your dedication and your efforts to help Fresh Start be an even better organization. Our condolences go to his family.



### **Came seeking to change, left with a Fresh Start on life**

By Fanny, Fresh Start Case Manager



Jane's\* story is as individual as she is, even though her struggles were similar to other women who have come through our doors. Jane was struggling to keep her sobriety afloat and found herself incarcerated. A question we get from many past and current residents is, "What now?" She had the courage to face her fears and come to terms with the consequences. She was released from jail and became a resident of Fresh Start in 2010. During her time at the Fresh Start "home", Jane landed a job with a major food chain, maintained her sobriety, and became a role model to her peers. Jane stayed in the Fresh Start program for 11 months. When she left she was on her way to self-sufficiency and personal satisfaction.

Jane has been in contact with Fresh Start recently. She continues to work full-time at the same location and has earned her spot as a supervisor. As busy as she is with work, her newborn child, and life in general, she continues participating in Community Support with Fresh Start for the encouragement and assistance it provides. Jane has been sober now for almost 3 years, is a few months away from finishing parole, is living in her own home, and is proving herself to be a successful, hard working woman. Jane is one of the many women who come to Fresh Start for a safe place to make these changes to their lives.

(\*name has been changed for confidentiality)

*"Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome" -Booker T. Washington*

# NEWS AND EVENTS

## **Project Funway** *Helping women have a better life—through fashion!*

"Transformation" was the theme of Fresh Start's 2nd annual Project Funway benefit. The event was held on November 18, 2011 at Lincoln's Firefighter's Reception Hall. The social hour featured a silent auction, hors d'oeuvres, and informal modeling of a purse collection by UNL graduate student Sandra Starkey. The main event was a clothing design competition finale featuring a runway show of the original designs created by UNL students and members of the local community. The runway show was judged by Lori Hampton, Hampton Enterprises and

Dr. Robert Hillestad, UNL Professor Emeritus Department of Textiles, Clothing and Design. The event's emcee was Kali Nicole, Channel 8 News.

This event was featured in the January issue of "L" Magazine- Lincoln's Premier Lifestyle Magazine, Lincoln Journal Star, Neighborhood Extra, and Strictly Business Magazine.

PROJECT  
FUNWAY



Items on the Silent Auction



Judges make notes during runway show

### **Thank you to our Project Funway 2011 sponsors**

**Event sponsor-** Union Bank & Trust Co.

**Print Sponsor-** AAA of Nebraska

**Special thanks also go to:** Ameritas, Barbara Trout and the UNL Department of Textiles, Clothing and Design, Catering Above All, Elite Rental, Francesca's Collection, High Society Cheesecake, Hy-Vee, Ideal Grocer, Kimberly Rath and Talent Plus, Laura Kortum Photography, and Strictly Business.

**Save the Date for Project Funway 2012:** This year's event will be held on Friday November 2, 2012 at 6:30 PM at the Lincoln Firefighter's Reception Hall. Please contact Monica or Cassie at Fresh Start for additional details, including information about how to become a sponsor or to join the event planning committee.

## **Volunteering Highlights**



**New Covenant Church** adopted Fresh Start for the year and did yard work, electrical, donated items for the house and provided holiday cheer (sang carols, decorated the house, donated presents and food, etc).

**Pfizer Employees** worked on our yard and patio as part of United Way Day of Caring.

**Bethlehem Church** provided much needed items for the house and helped organize.

**Westminster Presbyterian Church** did yard work and small household projects.

Visit our Facebook page for photos of events and volunteer project days! Search for Fresh Start Home in Lincoln NE.

## **Home for the Holidays**

Thanks to the many donations from businesses, churches, and individuals, Fresh Start was able to provide a festive celebration for the women of Fresh Start. Bethlehem Lutheran Church of Davey, Computer Solutions Inc, Unitarian Church, and New Covenant Church, among others, donated many items so the residents could open presents this holiday season. The women were overwhelmed by the generosity of the Lincoln Community and the baskets of gifts they received. Fresh Start also participated in the Heritage League's *Holiday of Trees*. This year's theme was "The Giving Tree."



The Board of Directors thanks these individuals whose terms recently ended: Jon Braaten, Stephanie Christolear, Tad Hunt, Sheri Hink, and Shirley Wilcox. We welcome new Board members Chad Bennett and Jane Wood-Bennett.

Want an easy way to help Fresh Start? It's as simple as picking up an extra bottle of shampoo or soap. Or, organize a donation drive for kitchen items like tin foil and paper towels with your office, church group or club. Items are needed year round.

### **Wish List:**

- Paper goods and trash bags for the "home"
- Food (canned goods, produce, coffee)
- Personal care items (body wash, deodorant, shampoo)
- Cleaning products (dish soap, cleaners)
- Stamps
- Linens (towels, dish towels, XL twin sheets, pillows)
- Gift certificates to grocery stores

# SUPPORTERS

Fresh Start gratefully acknowledges the following individuals and groups for their financial contributions between **July and December, 2011**. This may include individuals who donated as part of a United Way campaign. We also thank the donors who chose to remain anonymous, and those who donated clothing and other items.

Contributions received from January– June of 2012 will be recognized in the fall newsletter.

<b>Master Gardener</b>			
<b>\$1,000+</b>			
Blue Cross and Blue Shield	Dale Keller	Julie Felzien	Ron Brittenham
Eastridge Presbyterian Church	Sharon Kresse	Loyd & Marie Fischer	Jack J. Caldwell
Ron & Julie Krebs	Stephen & Karen Lenzen	Joan Foote	Theresa Catalano
Pat & Cheryl Meyer	Jane Lewis	Robin Hadfield	Janet Coleman
Jerry & Margaret Puls	Lincoln-Lancaster County	Lori Hampton	Marie Therese Dubourg
	Health Department	Josephine Henderson	Hal & Sue Dumas
	Roger & Jan Meints	Mary Hinkle	Phyllis Fogerty
	Northeast Sertoma Club	Jane Hood	Hugh & Joyce Genoways
	Northeast United Church of Christ	Pete & Doris Jensen	Ken & Dorothy Gettman
	Robert & Shirley Northrop	Erik & Darla Johnson	Jim Gordon
	Our Saviour's Lutheran Church-	Judy Johnstone	Richard & Christy
	Martha Circle	Robert & Martha Kaul	Hargesheimer
	Pathology Medical Services	Teresa Keene	Karen Heath
	Margot Peterson	Tammy Kortum	Leland L. Heckman
	Cynthia Peterson	Roger & Ann Lott	Robin Johnson
	Grace Pfister	Barry & Irene Moore	Jim & Gail Linderholm
	Dave & Cindy Piester	Roger & Patricia Niemann	Curtis & Edward Maynard
	Kimberly Rath	Vicky Ortman	Robin McDannel
	Jane Raybould	Pioneer Printing, Inc	Kathleen McManis
	Helen Roeske	Mr. and Mrs. John Ringsmuth	Larry & Mary Menebroker
	Nan Schweiger	Harry Rotthaus	Marcee Metzger
	Patricia Scudder	Gilbert Savery	Gary & Judy Meyer
	Robert & Patricia Sim	Dan & Marge Schlitt	V.T. & Joyce Miller
	Wes & Maxine Sime	Ronald & Diane Schwab	Kelly Myers
	St. Paul United Methodist Church	Duane & Grace Shackelford	Barbara Perdew
	Mike and Connie Stefkovich	Cheryl Siemer	Dean L. Petersen
	Carol Stelzer	Kristen Stohs	Larry & Nancy Hicks Rose
	Dave & Cindy Timperley	Larry & Susan Swedlund	Alan & Ina May Rouse
	Richard & Jean Wampler	John & Laura Weymouth	Kathryn Ruisinger
	Jerry & Robin Westhoff	David & Shirley Wilcox	Herbert & Dianna Schimek
	Ernest Westling	David Wysong	Norman & Corine Simon
	Ross & Judy Wilcox	Donal Ziegenbein	Southview Baptist Church
	Glenn & Lois Williams	Michelle Zinke	Barry & Alinda Stelk
		Monica Zinke	Jared Teichmeier
		Ann Zinn	Dorothy Jo Thompson
			Lyle & Joyce Vannier
			JR & MR Visger
			Jerry & Connie Wiebusch
			John & Catherine Wolfe
			World's Foremost Bank
			<i>Credit card donations are accepted on our website and processed by PayPal.</i>
<b>Water Bearer \$500-749</b>			
Donna Bolz			
First Christian Church			
Judy Eicher			
Inspro Inc.			
Unitarian Church			
Willard Sorority at NWU			
<b>Planter \$100-499</b>			
Steve & Claudia Amen			
Dr. Rod & Debbie Basler			
Ronald & Noelle Batterton			
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Robert Boyce III			
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Karen Burchard			
Jim & Pam Carrier			
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Cheever Construction Company			
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Franklin & Cheryl Eldridge			
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Ginny Gross			
Elizabeth Haack			
Jim Hawkins			
Marianne Hershey			
Robert Hillestad			
Jim and Clara Ihrig			
Randy Jeffrey			
Sheri Johnson			
Dianne Keech			
	<b>Landscaper \$50-99</b>	<b>Seed Provider \$1-49</b>	
	Shirley Baum	Tom & Arlene Arnold	
	Tim & Jennifer Bausch	Virginia Baird	
	Dough Bollish	Pamela Baker	
	Larry & Kate Culhane	Virginia Bates	
	John Dahm	Amy Birky	
	Barbara Day	Jim & Susanne Blue	
	Shawn Farrar	Lilly Blase	

## Yes, I want to support Fresh Start

**Please indicate the contribution you are able to give:**

\_\_\_\_\_ Seed Provider — to graciously offer a 'fresh start' \$1-49 Name: \_\_\_\_\_

\_\_\_\_\_ Landscaper — to develop the foundation \$50-99 Address: \_\_\_\_\_

\_\_\_\_\_ Planter — to cultivate a future \$100-499 \_\_\_\_\_

\_\_\_\_\_ Water Bearer — to sustain growth \$500-749 Phone: \_\_\_\_\_

\_\_\_\_\_ Sun Shiner — to nourish and enrich \$750-999 Previous Donor: YES NO

\_\_\_\_\_ Master Gardener — to tend with compassion \$1,000+ Would you like to be on the mailing list?: Yes No

Indicate if you would NOT like to be acknowledged. \_\_\_\_ Please remember Fresh Start in your will and estate planning.  
Would you like to receive this mailing electronically? Yes No E-mail \_\_\_\_\_



6433 Havelock Ave Lincoln NE 68507

**Return Service Requested**

If you would like to be removed from this mailing list, or if you would like to receive this mailing electronically, please call Fresh Start at 402-475-7777.

**Save the date...**

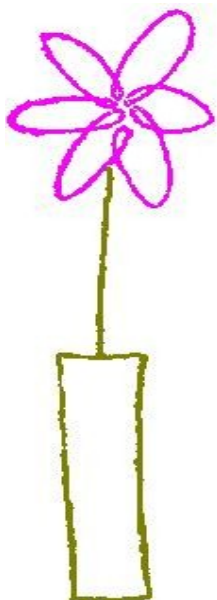
**Give to Lincoln Day  
Thursday May 17, 2012**

This is an day to come together as a community and support local charities like Fresh Start.

Go to [www.GiveToLincoln.com](http://www.GiveToLincoln.com) for more details.



**Celebrate Spring with us on Sunday May 20, 2012 at our first "Garden Party."** We will have food and drink, entertainment and garden "experts" on hand to answer your questions. Tickets are \$10 each or 4 for \$30 and it will be at Talent Plus. Call Fresh Start at 402-475-7777 for tickets, to be a sponsor and for more details.



***The Daisy***  
***High on Quality, Low on Price***  
***Store hours: Fridays and Saturdays,***  
***10 A.M. to 4 P.M.***

Monthly specials and themes continue!

**April** is a "party" in honor of the Daisy volunteers. Purses also will be featured this month.

**May** the shop will be "blooming" with flower themed items.

**June's theme** is fun in the sun.

**July** the yearly Bargain Blast sale returns.

Stop in and check out all of the fun themed items, along with the every day great deals on clothing.

**Volunteer Opportunity**

The Daisy is run by volunteers and they need volunteers to work IN the shop.

Volunteers can work as little as one 3 1/2 hour shift a month, or more if they want to have lots of fun.

If interested, please contact our volunteer coordinator Noelle at 402-421-2705.

***Donations are accepted  
on Mondays and Thursdays,  
10 A.M. to 1 P.M., or by appointment.***

Donated clothing is first made available to residents of Fresh Start, and then offered for sale to the public. All net proceeds benefit Fresh Start and our services for homeless women.

**Fresh Start is a transitional shelter that empowers homeless women to change their lives by recognizing and utilizing their strengths to overcome barriers to self-sufficiency.**

Non Profit  
U.S. Postage  
**PAID**  
Permit # 1486  
Lincoln, NE