



A home where women can grow.

NEWSLETTER FALL 2020

Fresh Start: A Home Where Women Can Grow

"SPREAD YOUR WINGS AND FLY"



Angela came to Fresh Start and it was her second time here. She had relapsed the first time, subsequently she became a Drug Court participant. She met with her case manager, Marla, regularly and worked on what would assist her in not relapsing. Employment afforded her time to build skills on her way to become self-sufficient. Angela had a dream, that dream was to use her cosmetology license to do hair. At the end of each case management meeting Marla would tell Angela to "spread her wings and fly!" Angela decided to apply for a stylist position and came home one day thrilled to report she had gotten the position to put her skills to use being a cosmetologist. Angela started her position and loved it. She was approved by Drug Court to move in with her grandmother and left our program successfully. Angela left Marla a note the day she moved out and it said keep on shining and "spread your wings and fly."

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Please remember Fresh Start in your charitable giving and estate planning. Fresh Start is a 501(c)(3) organization and contributions are tax deductible.

Fresh Start is proud to partner with

LIVE UNITED



United Way of Lincoln
and Lancaster County



A VIRTUAL OPEN HOUSE Thursday, September 17

Unfortunately, we will NOT be opening our doors for a Fall Open House. You can check out prerecorded footage of our home on Thursday, September 17 at [Facebook.com/FreshStartHomeLincoln](https://www.facebook.com/FreshStartHomeLincoln).

GRATITUDE



I am grateful.

I am grateful for so many blessings during this pandemic. Fresh Start did not close our doors, but I am grateful to have been there less. That seems odd to say, since I love what I do and miss seeing our team and residents. I have been working from home quite a bit over the past few months. This has been both to reduce people in the shelter and due to my family situation. I am so thankful that I have the opportunity to do so, and I recognize that many people do not have that option. Most of the staff at Fresh Start do not have that option, they are working in the shelter, still there and present for our residents. I am grateful for each person on our team that has shown up and continued our essential work to aid those experiencing homelessness.

I am grateful that I have a home from which I can work. I am grateful for the rambunctious child that occasionally is mugging for the camera during my video conference calls, happy that I have more time with her. I am so incredibly grateful that my family and friends are healthy and hope they continue to be. I am grateful that I have a computer and internet at home and can "Zoom" with family, more often than I usually see them! I am grateful that I have a vehicle and can do online ordering and curbside pickup to avoid crowds. Grateful that I have food in the cupboard and growing in the garden. I am grateful for the reminders of how good I have it. A good life. It's not one I take for granted.

I am NOT grateful for this pandemic. It has wreaked havoc in so many aspects of our lives. People are ill and dying. People's livelihood has been affected. Physical health and emotional wellbeing are at risk or compromised. It has had many negative impacts on Fresh Start as well. It has taken a toll on our residents, our team, and our programming. It has reduced revenue for Fresh Start through Daisy closures, event cancellations and more.

However, I am grateful for the reminders of the need to continue this work for others who are still working towards their "good life." Everyone deserves that, and I am honored to be on the path leading there for some. We cannot do it alone, and I am grateful that many of you are on that path with us. Inspiration and hope continue to be present within the Fresh Start walls, even in the midst of a global health crisis.

No, I am not grateful for the pandemic. While the effects of the pandemic are still unclear, one thing is certain. We at Fresh Start remain grateful for you.

THANK YOU



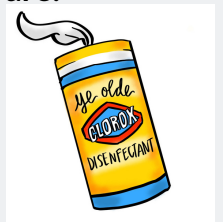
A pandemic doesn't stop homelessness, and we are still open and providing services to our residents.

Thank you to the vital donations of food, cleaning supplies, and hygiene products that have been donated during this unforeseen time. We appreciate you!

FALL DONATIONS NEEDS

Help our women stay safe and healthy this fall and winter. Our current donation needs are:

- Laundry soap
- Hand soap
- Clorox wipes
- Lotion
- Kleenex boxes
- Disinfectant spray



Donated items can be dropped off at the back door.
Call the office 402-475-7777 when arriving.

DONATE TO FRESH START

Thank you in advance for your generous support. You make a difference in the lives of women experiencing homelessness.

Please indicate the contribution you are able to give:

- _____ \$750+: Support 24/7 shelter team
- _____ \$300: Groceries and supplies for one week
- _____ \$100: Internet and phone for shelter
- _____ \$75: One night in our safe home
- _____ \$25: Welcome basket for a new resident

In honor of: _____

Indicate if you would NOT like to be acknowledged. _____

Would you like to receive this mailing electronically? Yes No

Name: _____

Address: _____

Phone: _____

Previous Donor: YES NO

Would you like to be on the mailing list?: YES NO

Email: _____

Please complete the following section if you would like to make a recurring monthly donation.

Monthly Donation

Card Number: _____

Amount: \$ _____

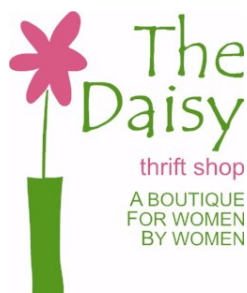
Exp. Date: ____ / ____ CVV: _____

FRESH START ANNOUNCES THE CANCELLATION OF THEIR SIGNATURE EVENT PROJECT FUNWAY

We're sad to announce Project Funway which was scheduled for Friday, November 6 has been cancelled due to the COVID-19 pandemic. Fresh Start remains open and continues to provide safe housing, basic needs, and supportive care to women experiencing homelessness during this uncertain time. We will keep you posted with more details on upcoming events. Thank you for your patience and understanding.



THE DAISY TO REOPEN IN LIMITED CAPACITY



The Daisy is reopening to the public on Thursday, August 27. Shopping will be by appointment only on Thursdays and Saturdays. Customers may sign up for 30 minute slots. Each time is limited to 2 people, in order to allow for social distancing within the shop, and people must sign up in advance. Masks are required. Volunteers will sanitize high touch points regularly. Contact Monica Zinke at monicaz@freshstarthome.org to schedule an appointment for you and one guest. We look forward to seeing you!



6433 Havelock Avenue
Lincoln NE 68507

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SECOND CHANCES WITH SEEDS FOR CHANGE

\$10 for 12, Fresh Start's recurring giving program has a new name — Seeds for Change. Please join today and sow seeds of second chances for women who are changing their lives.

You can make a difference by favoring Fresh Start with a monthly gift of at least \$10 automatically charged to your credit card account. Set it up once and forget about it until you want to stop – and we hope you never want to stop.

This is money Fresh Start can count on every month – pandemic or not. For example, your \$15 a month gift provides daily meals for one person for the month. When we put your gift together with recurring gifts from our other friends, it has an even larger impact. That brings the program motto to life: "Seeds for Change: From little seeds grow lovely flowers."

It's simple to set up and can be done from our website — www.FreshStartHome.org. Click the donate button on our donate page. You must provide your email address.

If you have questions about Fresh Start of Seeds of Change, contact Audrey at (402)475-7777/audreyb@freshstarthome.org. She can also help you make arrangements to accommodate recurring withdrawals from your checking or savings account, if you prefer.

Cynthia Peterson, Member of Board of Directors

